

1st Reading: 1 Sm 26:2, 7-9, 12-13, 22-23
Responsorial: Ps 103:1-2, 3-4, 8, 10, 12-13
2nd Reading: 1 Cor 15:45-49
Gospel: Lk 6:27-38

Are you receiving Building Faith@Home in paper form and wondering why you can't click the links? Use the url or QR code below to access the digital content on your computer or smartphone for the digital version with hyperlinks: Links are curated for families to continue to grow and learn together! Faith can be fun!

Last Week



bit.ly/buildingfaith6C

This Week



bit.ly/buildingfaith7C

Seventh Sunday of Ordinary Time - God is Merciful

In this gospel, Jesus is inviting you to love your enemies. This includes enemies who are far, far away, and enemies who are using their influence in society, and personal enemies who have really hurt us deep down.

The command to "love your enemies" seems almost impossible. When we are around our enemies, our hearts can become hard, sometimes even vengeful. But Jesus teaches us to have a change of heart. In today's gospel. The change of heart Jesus calls us to is not easy. But he reminds us that we are also in need of mercy and forgiveness. Our hardened hearts need to become open and loving hearts. Our vengeful hearts need to become forgiving hearts. God loves all of His children. Jesus died for all of humanity, including those who have wounded us. That is why he asks you to love your enemies. God is gathering all of us to Him, not just the people we love. There is no one whom God will not forgive. young-catholic.com

Change of heart takes some work. It is very difficult to love your enemies. It doesn't just happen. Use this link for ideas that can help.

[Love Your Enemies – A Lesson Plan on Conversion of Heart](#)

Reflection Questions for Love Your Enemies Lesson Plan

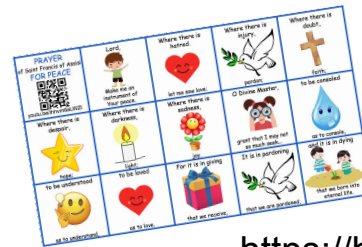
Have you ever considered that God loves your "enemy" just as much as He loves you?
 Does it help to think about how Jesus forgave those who crucified Him, even though they showed no signs of repentance?

Family Prayer Time

Pray that you and your family can be instruments of peace in the world. Be sure to mention this idea during mealtime or other daily prayers. Pray for the Holy Spirit to give us the strength to be kind when others are not, and to seek forgiveness when we fail to do so.

Peace Prayer

Follow the link to access the following prayer sheet to learn the prayer and song!



<https://bit.ly/peaceprayerpdf>



Cut & Pray!



Do you like to jump rope? Try jumping and praying with *The Donut Man* with this week's Psalm!

Bless the Lord, with all my soul, and all that is within me, bless his Holy Name...Psalm 103 Verse 1

[Youtube.com - The Donut Man Psalm 103:1](#)



Links for More Ideas & Activities

Feast of the Chair of Saint Peter, Apostle - February 22

[Loyola Press](#) - The Chair of Saint Peter the Apostle (Family Faith Builder)

[Youtube.com](#) - St. Peter, First Pope (Teen Faith Builder)

[Catholicicing.com](#) - Pope Activities for Catholic Kids (Family Faith Builder)

St. Polycarp - February 23

[Loyola Press](#) - Saint Polycarp (Family Faith Builder)



February is devoted to
The Holy Family