

1st Reading: Jer 17:5-8
Responsorial: Ps 1:1-2, 3, 4 and 6
2nd Reading: 1 Cor 15:12, 16-20
Gospel: Lk 6:17, 20-26

Sixth Sunday of Ordinary Time - Blessings & Warnings

Today's Gospel from Luke is known as the Sermon on the Plain. Similar to Matthew's "Sermon on the Mount," Luke shares Jesus' rules for inclusion in the Kingdom of Heaven, however Luke goes beyond the Beatitudes which are about trust in God who cares for those who suffer. Luke also shares Jesus telling of a matching series of "woes" for those who have turned away from God by refusing to do their part in alleviating such sufferings.

Today gives us a way to enter into our own self-reflection as we ask ourselves, "Where do I stand?" As Christians, we are always responsible for the needs of more than just ourselves. We are to care for all of our sisters and brothers. This selfless love is what leads to a blessed life.

This week, be conscious of the blessings and woes in your life. When you are having a difficult moment, ask God to bless you through it. Ask Him to draw you closer.

Family Actions to Feed the Hungry (Corporal Work of Mercy)

- ❖ volunteer at a soup kitchen
- ❖ make sandwiches and hand them out to homeless people
- ❖ bring a meal to a family with a new baby
- ❖ bring a meal to a family having a difficult time
- ❖ share food with a friend or sibling
- ❖ make dinner for your family
- ❖ throw a dinner party for friends you don't think could afford a nice dinner
- ❖ don't throw a dinner party and donate the money you would have spent
- ❖ eat beans and rice for a week and donate your grocery money



Being that today is "Super Bowl Sunday", it is also a day to focus on "TACKLING" hunger. Many parish collect for "Souper Bowl" Sunday to provide funds for local food banks and soup kitchens. Consider how you can donate or help with your local food banks.

Cut & Pray!

Dear Jesus, thank you for Your love and helping me love my family.
 Help me show love to everyone around me, even when I don't feel like it.
 Amen.



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Links are curated for families to continue to grow and learn together! Faith can be fun!

Last week's issue



bit.ly/buildingfaith5C

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bit.ly/buildingfaith6C



CatholicKidsMedia

[YouTube](#) - Sixth Sunday in Ordinary Time



Make these cute scripture treats to share on Valentine's Day or any day!

showerofrosesblob.com

Links for More Ideas & Activities

[Youtube.com](#) - Who is Saint Valentine (Teen Faith Builder)

[Catholicicing.com](#) - 7 Easy Ways To Celebrate St. Valentine's Feast Day As Catholics (Family Faith Builder)

The Holy Brothers - Saints Cyril and Methodius - February 14

Loyolapress.com



February is devoted to
The Holy Family