

Ordinary Time @ HOME

The month of July is dedicated to The Precious Blood of Jesus.

July 5, 2020 - 14th Sunday of Ordinary Time

Liturgical Color is **GREEN**

1st Reading Zec. 9: 9-10

PS 145: 1-2, 8-9, 10-11, 13-14

2nd Reading Rom. 8: 9, 11-13

Gospel Mt. 11: 25-30

Do you sometimes find yourself weary – from struggles, pains, disappointments? Jesus' invitation, 'Come to me' is always open, especially when you really need the peace, rest, protection and God's love. The next four weeks, the Office of Catechesis plans to look at Jesus' invitation to join Him at the banquet table. Jesus' invitation to the Eucharist is one of hope, forgiveness, and love. Jesus' is always inviting us to be with him.

As we begin reflecting more about the Mass and the invitation to the Eucharist, let's reflect on the very first line of this week's Gospel message, Jesus says, "I **thank you**, Father, Lord of heaven and earth."

The Greek word "eucharisteo" means "to give thanks." The Catechism states that the Eucharist "is an act of thanksgiving to God" (No. 1329). The entire Mass is a prayer of thanksgiving, which is stated explicitly in some prayers and implied throughout. The priest says, "Let us give thanks to the Lord our God," and the congregation replies, "It is right and just." The Preface continues, "It is truly right and just, our duty and our salvation, always and everywhere to give you thanks, Lord, Holy Father." The Preface concludes with the "Holy, Holy," a hymn of praise that gives thanks to God. Similarly, the words of the doxology are, "Through him and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honor is yours, for ever and ever" — a joyful song of praise to offer thanks to God (Father Michael Van Sloun, *The Catholic Spirit*, November 20, 2018)

As you return to Mass, continue to reflect on the word "thanksgiving". Jesus invites you to give thanks to God, and share that love with him in the Eucharist.

Celebrate @ Home Activities

Prepare to return to Mass ideas:

1. There will be no missals at mass. You may want to download an app to follow the order of Sunday Mass...or as a family, create a Mass booklet to follow.
2. Pray with the Sunday readings before going to Mass.
3. VIRTUE OF THE WEEK - **Gratitude**. Determine as a family how you can show gratitude for each other and in the world. Begin a "Gratitude Journal" from now until Thanksgiving. The journals at that time can be a focal point for your Thanksgiving celebration as a family.
4. Invite someone to Mass with you....pay attention to parish occupancy and sign-ups. Chat about the Homily on the way home!



Did you know....

Jesus shed his blood for us seven times? Seven is a biblical number meaning perfection or completion. Read more in:

TeachingCatholicKids.com

Talking with Kids about the Most Precious Blood of Jesus

Links for More Ideas and Activities

Catholiccurrent.org "Ten Pointers for Prayer" It's important to practice being pray-ers in your family. These tips may help, even if you are just starting to add prayer to your family routine.

<https://quizlet.com/315774973/flashcards> Test your own knowledge about the Mass with this flashcard game!

<https://bit.ly/colorsheat07-05> Coloring pages - Color and display on your refrigerator or anywhere!

Onlineministries.creighton.edu How do I prepare for Mass on Sunday? (A parent's page!)



Thanks to the Catechetical Leaders in the Diocese of Syracuse
for sharing these great ideas for families!
Our website RCfaithquest.syrдио.org has many ideas for this summer!

